



ÉCOLE CEDARCREST SCHOOL

1505 Rue Muir, Ville Saint-Laurent, Québec, H4L 4T1, Tel: (514) 744-2614 Fax: (514) 744-3310
www.emsb.qc.ca/cedarcrest

Dear parent(s)/guardian(s),

The Ministère de l'Éducation et de l'Enseignement supérieur is offering schools the opportunity to provide students with Sexuality Education. Students in Elementary will receive 5 to 10 hours of sexuality education over the course of the 2019-2020 academic year. The learning content in Elementary school is designed for students from Kindergarten through to grade 6, however kindergarten is not mandatory and we will not be implementing the program at that level.

The learning content defined by the Minister of Education is tailored to the students' ages and levels of development, and is in line with the recommendations of experts from the World Health Organization and UNESCO. The content will be taught by trained school personnel in collaboration with partners chosen by the school (e.g. health network or community organizations). **A separate letter will be sent home by your child's teacher informing you of the specific month(s), not exact dates, that the thematic lessons will take place.** The learning content takes into account contemporary issues, for example, easy access to images and messages about sexuality in the community and the use of social media.

Themes to be implemented for the 2019-2020 academic year are as follows:

<u>ELEMENTARY THEMES</u>	<u>K</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
Pregnancy and Birth Name and explain the steps involved in welcoming a baby into a family							
Sexual Growth and body image: Knowing your body, appreciating and taking care of it, understanding puberty.						√	
Comprehensive view of sexuality : sexuality is at the core of who we are and has a number of dimensions (e.g. physical, psychological, affective, socio-cultural)		√					√
Emotional and Romantic Life: friendship, expressing your feelings, new feelings that come with puberty, etc.			√		√		√
Assault Prevention: Safety rules, strategies for protecting yourself and the importance of reporting an incident to an adult.		√		√		√	
Identity, Gender Stereotypes and roles, and Social Norms Identify stereotypical representations of femininity and masculinity and make connections between gender stereotypes and the development of your gender identity in your personal and social environments, including the media				√			

The school and the family play complementary roles in Sexuality Education. The complementary nature of these roles reinforces and optimizes the efforts of both. Rest assured that the school team is deeply committed to the healthy development of your child.



For more information about the MEES Sexuality Education Program, please visit

http://www.education.gouv.qc.ca/fileadmin/site_web/documents/education/adaptation-scolaire-services-comp/EDUC-Apprentissages-Sexualite-GrandPublic-EN.pdf

Sincerely,

Elena Zervas, Principal