



# ELEMENTARY SEXUALITY EDUCATION CURRICULUM PLAN

2019-2020

## École Cedarcrest School





# ELEMENTARY SEXUALITY EDUCATION CURRICULUM PLAN

## CYCLE 1 ELEMENTARY

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THEME	<p>COMPREHENSIVE VIEW OF SEXUALITY</p> <p>SEXUAL GROWTH AND BODY IMAGE</p> <p>EMOTIONAL AND ROMANTIC LIFE</p> <p>PREGNANCY AND BIRTH</p> <p>SEXUAL ASSAULT PREVENTION</p>					IDENTITY STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 1	<p><b>WHO:</b> Teacher, School ○ Nurse for support</p> <p><b>WHEN:</b> March &amp; April</p> <p><b>DURATION:</b> 3 hrs</p> <p><b>SUBJECT AREA:</b> Ethics</p> <p>Mind: Knowledge about sexuality Heart: Emotions, feelings &amp; expression Body: growth, needs, 5 senses &amp; hygiene</p>				<p><b>WHO:</b> Teacher, EMSB ○ approved organization</p> <p><b>WHEN:</b> April &amp; May</p> <p><b>DURATION:</b> 2 hrs</p> <p><b>SUBJECT AREA:</b> Ethics</p> <p>Self-protection skills Self-defense skills Reporting an incident</p>	
GRADE 2			<p><b>WHO:</b> Teacher, Spiritual Animator</p> <p><b>WHEN:</b> March, April, May</p> <p><b>DURATION:</b> 5 hrs</p> <p><b>SUBJECT AREA:</b> Ethics</p> <p>Feelings toward people in your life Positive feelings Negative feelings</p>			



# ELEMENTARY SEXUALITY EDUCATION CURRICULUM PLAN

## CYCLE 2 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY					IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION		
GRADE 3					<p><b>WHO:</b> Teacher, Spiritual Animator</p> <p><b>WHEN:</b> March, April, May</p> <p><b>DURATION:</b> 2 hrs</p> <p><b>SUBJECT AREA: English</b> Definition of sexual assault Self-protection/defense Reporting an incident</p>	<p><b>WHO:</b> Teacher, Spiritual Animator</p> <p><b>WHEN:</b> March, April, May</p> <p><b>DURATION:</b> 3 hrs</p> <p><b>SUBJECT AREA: English</b> Representations of femininity and masculinity in social environments and the media Foster respect for individual differences.</p>
GRADE 4			<p><b>WHO:</b> Teacher, Spiritual Animator School Nurse for support</p> <p><b>WHEN:</b> March, April, May</p> <p><b>DURATION:</b> 5 hrs</p> <p><b>SUBJECT AREA: English</b> Definition &amp; perceptions of friendship &amp; love Characteristics of a friend &amp; importance of friendships Difference between camaraderie, friendship, love, how to get along</p>			



# ELEMENTARY SEXUALITY EDUCATION CURRICULUM PLAN

## CYCLE 3 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
GRADE 5		<p><b>WHO:</b> Teacher, School Nurse</p> <p><b>WHEN:</b> February, March, April <b>DURATION:</b> 3 hrs</p> <p><b>SUBJECT AREA: English</b> Role of hormones 5 stages of physical puberty Needs of changing body – hygiene, food, sleep, phys. activity Psychological changes Feelings about puberty and strategies for coping Body's ability to reproduce</p>			<p><b>WHO:</b> Teacher, External organization (SHINE) <b>WHEN:</b> November <b>DURATION:</b> 2 hrs <b>SUBJECT AREA: English</b> Real-world situations involving someone you know Virtual world situations – someone you know/don't know on the internet Self-protection/self defense Seeking solutions: asking for help, protecting a friend by reporting to an adult in the real world or virtual world</p>	
GRADE 6	<p><b>WHO:</b> Teacher, School Nurse <b>WHEN:</b> February, May <b>DURATION:</b> 3 hrs</p> <p><b>SUBJECT AREA: English</b> Puberty Feelings and Emotions Living Together Interpersonal Relationships Positive Choices</p>		<p><b>WHO:</b> Teacher, School Nurse External organization (SHINE)</p> <p><b>WHEN:</b> November <b>DURATION:</b> 2 hrs</p> <p><b>SUBJECT AREA: English</b> Puberty: influence of hormones Attitudes and feelings about these changes</p>			