



Cedarcrest Elementary School
1505 Muir, St-Laurent, QC H4L 4T1
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Commission scolaire English-Montréal
English Montreal School Board

Dear Parents,

Sexuality Education program is now compulsory in all Quebec schools. I would like to reassure you that this program is not promoting sexual relationships. At the elementary level, the program will be taught for 5 to 10 hours per school year.

The program will be delivered by either the **classroom teacher**, (English or French) **Science teacher, behaviour technician**, a ministry approved community organization along with the collaboration of our **school nurse** .

Sexuality education is a form of education that takes various dimensions of human experience into account and covers a variety of subjects:

- knowledge of the body
- body image
- gender stereotypes
- Romantic feelings, etc.

It enables students to:

- better understand themselves
- establish emotional relationships that show respect for themselves and others
- develop critical thinking and good judgment along with a sense of responsibility
- develop attitudes and skills that will be useful to them now and in the future (respect for diversity, self-knowledge and self-affirmation, conflict resolution skill)

The main goals of the EMSB Sexuality Education program are to promote a healthy body image, to respect diversity, and to promote healthy relationships.

At Cedarcrest we have always believed it is important to inform our students and bring them together to reflect and express themselves while providing guidance.

We will always take into account the context of any questions brought up by students as well as the child's age before responding.

Sincerely,

Ms. Tudino

Principal